

Woodstock Middle School
Crabbe Mountain "Ski in School" Program

Dear Parent/Guardian

The students of Woodstock Middle School will be provided the opportunity to take part in a one day "Ski in School" program at Crabbe Mountain. The following dates have been selected for each grade level:

- ✚ Grade 6 Students - Monday, January 26, 2015
- ✚ Grade 7 Students - Tuesday, January 27, 2015
- ✚ Grade 8 Students - Wednesday, January 28, 2015

If by chance one of these dates would be cancelled due to a weather day or the conditions on the hill are not acceptable - then _____ has been selected as the cancellation date.

The Crabbe Mountain Ski in School Program is a unique and beneficial addition to our Physical Education curriculum. The Crabbe Mountain Ski in School Package includes two hours of ski/snowboard instruction from experienced and nationally certified instructors. Ski/snowboard equipment rentals including helmets (if needed) will also be provided along with a lift ticket valid for the entire day.

At the end of this information letter is a parent/guardian permission form that must be signed by parent/guardian and returned to your child's homeroom teacher. We ask that all permission slips be turned back into their homeroom teacher by Wednesday, January 21st, 2014. If you have any questions or concerns - please contact the school.

Following are details for the parents/guardians & students

Ski & Snowboard - \$30 per Student

All packages include 2 hours of lessons, lift tickets, ski or snowboard rental and free practicing time. The fee of \$30.00 is to be paid to their homeroom teacher prior to going skiing/snowboarding

Ski & Snowboard - \$15.00 per Student

If a student has their own equipment - then the cost will be \$15.00 per student. The \$15.00 fee is to pay for the Ski In School Program Pass

Note:

- However, if needed, students will be permitted to pay for their skiing day a little at a time, students will be permitted to bring to their homeroom teacher \$5.00 per week until paid, so it does not come all at once

Transportation

WMS requires that all students travel down to Crabbe Mountain (in the morning) on the school bus that is being provided. This is to ensure proper attendance (head count) and to allow Crabbe Mountain staff to properly address all students and staff upon arrival at the hill.

If students want to stay on the slopes longer at the end of the day, they may do so as long as they are with a parent/guardian. In order to do this - students need to have a parent/guardian call the school and the school know that their child will not be returning on the bus. If by chance, another student is staying with someone other than their parent that would also require communication to the office at WMS by the student's parent. We will not allow any child to stay behind without this communication having occurred in advance of their ski day.

Equipment

Equipment will be made available to all students and supervisors. Upon entering the rental shop, students will be greeted by ski instructors and ski technicians. They will help the students choose the proper equipment. Students will take their equipment to the racks in the front of the lodge and then proceed to the changing area to dress for their day on the snow. All belongings not used for skiing or snowboarding should be placed in the bins provided.

Please note:

- That students may use their own ski and/or snowboard equipment - however, they are not able to transport their equipment down on the bus (ASD-W Transportation Policy). It will be the responsibility of the parent/guardian to make the alternate arrangements will need to be made in order to transport the students equipment to Crabbe Mountain.
- parent volunteers will be able to use own equipment and if needed will be provided either ski or snowboard equipment (as a parent volunteer)
- it is extremely important that all ski and/or snowboard equipment be returned to the rental shop at the end of the day

Clothing

Following is some information for parents'/guardians on "How to Dress Your Child for a Day on the Snow". The extremities are where most body heat is lost - head, feet and hands should all be well protected. This should be a safe and fun environment for your child within his/her own ability. This involves all aspects of skiing.

Send your child with clothing that can adapt to any weather changes. A sunny day can often turn into a windy blizzard. Wear layers of clothing. Your child can add or take off clothing to accommodate temperature and condition changes.

- ✚ Warm jacket
- ✚ Sunscreen/lip protection
- ✚ Turtleneck shirt
- ✚ Sweater
- ✚ Neck tube
- ✚ Long underwear
- ✚ Ski pants
- ✚ Warm dry socks (only wear one pair in your ski boots)

- ✦ Gloves, mittens (not wool)
- ✦ Goggles/sunglasses

Overview of the Program Structure

- ✦ On arrival, please have your students remain on the bus. A ski instructor will board the bus. He/she will then give instruction to the group on what to do when they depart from the bus.
- ✦ Once the students have received their instructions on the bus, the students then proceed to the rental office. Tickets will be issued as the students leave the rental office.
- ✦ Once the students have either been issued their equipment or they have their own equipment - students will place their skis/snowboards at the racks located in front of the lodge. They will then proceed to the locker area where they will place their belongings. They will return to the ski racks and pick up their equipment. The ski/snowboard instructor will meet them at the bottom of the Beginner Hill. Here the Crabbe Mountain staff will assess the ability level of students. If they have never been on a skis or snowboard, students will immediately commence a beginner lesson. They will learn about their equipment, how to control speed and direction and use of the pony lift.
- ✦ The Snow School instructors will classify the ability of all students. As the students progress, they will be told when to move to the next station on the Beginner Hill. When the Snow School instructor thinks that the student can advance to other trails, the student will be issued a sticker to be placed on their lift ticket - this sticker is used to identify which trails the student's can go down on. There will also be a supervisor (teachers and parent volunteers) on skis for every 8-10 students so that they can accompany the students both on the trails and the chairlift.
- ✦ Lessons will be approximately two hours after which they will be left with supervisors for the day. Ski Patrollers and hill staff will be monitoring the mountain at all times.
- ✦ If a student feels fatigued, they should take a break. The lift attendants are very helpful if anyone feels uncomfortable getting on the lift. They should tell the lift attendants so that they can assist the student.

Lessons

Once the students have changed, they will return to the ski racks, pick up their equipment and proceed to the Beginner Hill, where the instructors will greet them. They will be shown how to use their equipment and how to stop. They will then proceed to the first station that has been set up on the hill. Once they have successfully passed a station, they will be told by an instructor to move on to the next station.

Lunch

Students may bring their own lunch or money to purchase hot meals, sandwiches and drinks from the Crabbe Mountain cafeteria. No energy drinks will be permitted.

WMS - Parent/Guardian Permission Slip

PLEASE READ CAREFULLY

- I **give** permission for my son/daughter to participate in the Crabbe Mountain Ski-In-School Program.
- I **do not give** permission for my son/daughter to attend the Crabbe Mountain Ski-In-School Program.

Name of Student: _____

Grade Level: _____ Homeroom Teacher: _____

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Contact Numbers of Parent/Guardian _____ (home)
_____ (work)
_____ (cell)

Date of Signature: _____

Payment of \$30.00 Yes No

Payment of \$15.00 Yes No

Name of Child _____

Age	Height	Weight	Boot Size	Ski or Snow Board	Ski/SB Before Yes-no

Parent/Guardian Volunteer

(please check off if you are able to volunteer - all volunteers must be able to either ski or snowboard)

Name: _____

- I am available to participate as a parent volunteer.
- I have met the requirements and will submit documentation to WMS office

If you are able to volunteer - administration will be contacting you to confirm your availability. Thank You.

As a parent volunteer, all your fees will be paid and if you are in need of ski or snowboard equipment, please complete the following chart below.

Name of Volunteer _____

Age	Height	Weight	Boot Size	Ski or Snow Board	Ski/SB Before Yes-no

**Crabbe Mountain "SKI IN SCHOOL" Program
Permission & Waiver Form**

PLEASE READ CAREFULLY

In addition to the WMS parent/guardian permission form - Crabbe Mountain is also requesting that their permission form be signed off on as well.

PERMISSION

I GIVE MY SON/DAUGHTER (please print on line below - name of child):

Permission to participate in the "Ski in School" program to be held at Crabbe Mountain

DATE: _____

Crabbe Mountain will not be held responsible for any injury or damage which may occur or result from using the facilities at Crabbe Mountain.

Signature: _____

Phone #: _____ (H) _____ (W)

Medicare #: _____

